





September 2017 ~ Lunch Menu Suzanne Smith Elementary School

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Each meal will include a trip to the fruit and veggie bar where we will offer a variety of fruits & vegetables each day.		Students will have a choice of the main entree offered for the day or a yogurt, cheese stick & muffin. Each entree includes the side listed and a trip to the fruits & veggie bar.		A VARIETY OF COLD MILK SELECTIONS IS OFFERED DAILY Lunch Prices: • Full pay \$2.50 • Reduced pay .40
LABOR DAY HOLIDAY NO SCHOOL	5 Big Daddy's pizza Caesar salad, fruit & veggie bar, milk	6 Brunch for Lunch! Maple mlhl pancakes, sausage Potato puffs, fruit & veggie bar, milk	7 Walking taco – We give you a bag of tortilla chips w/meat & cheese and you add your toppings from the fruit & veggie bar Black beans, corn, milk	8 Chicken Caesar wrap, sun chips Fruit & veggie bar, milk
11 Cheese burger on bun Oven fries, fruit & veggie bar, milk	12 Ham pizza Caesar salad, fruit & veggie bar, milk	13 Chicken Nuggets w/waffles Oven fries, fruit & veggie bar, milk	14 BBQ Pulled pork sandwich Baked beans, fruit & veggie bar, milk	15 Beef lasagna w/bread stick Fruit & veggie bar, milk
18 Breaded chicken burger on a bun Oven fries, fruit & veggie bar, milk	19 Cheesy French bread pizza Caesar salad, fruit & veggie bar, milk	20 Breakfast sandwich – Ham, Egg and Cheese on a croissant Baked beans, fruit & veggie bar, milk	21 Freshly Baked Italian Ziti casserole w/bread stick Caesar salad, fruit & veggie bar, milk	22 Savory chicken & gravy Mashed potatoes, dinner roll, grilled vegetable medley, fruit & veggie bar, milk
25 Meatball sub Fruit & veggie bar, milk	26 Personal Pan Pizza Caesar Salad, fruit & veggie bar, milk	27 Early Release Day Bag lunch: PB & J uncrustable sandwich Crashins, carrot sticks w/dip, milk	28 Super nachos w/ground beef Sweet buttery corn, fruit & veggie bar, milk	29 Hot ham cheese & bacon on a croissant Glazed carrots, fruit & veggie bar

Contact Emily Nicholas, Food Service Director, for questions or concerns at 207-848-4023 or e-mail enicholas@rsu87.org

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